

Recognised remedies in complementary medicine

under SANA (in accordance with AIC paragraph 2.2) and COMPLETA (in accordance with AIC paragraph 10.2)
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Basic principle:

Helsana covers 75% of the costs of recognised complementary medical remedies, provided that such remedies are prescribed, supplied or administered by a recognised service provider as part of complementary medical treatment. The prescription must be provided.

The following are recognised remedies:

- Swissmedic registered remedies in complementary medicine
- complementary medical remedies individually produced for the patient,
 - supplied by an authorised pharmacy or a manufacturer with a Swissmedic permit,
 - for which the active substance(s) is/are included in the list of homeopathic and anthroposophic substances (HAS)/in the list of documented traditional Asian substances (TAS)/in the list of medicines with tariff (ALT).
- the price of the remedies is cost-effective.
- the medical necessity (clinical significance) of the remedies is demonstrated.

All products that are assigned to the list of pharmaceutical products with special uses (LPPV), e.g. nutritional supplements, vitamins, minerals, etc., are excluded.

The following are recognised service providers of complementary medical remedies*:

- Doctors and hospitals

Specialists in complementary medicine**

- Naturopaths with a Federal diploma or a certificate from OdA AM (EMR no. 320, 340, 343, 3401, 3431, 360, 3601)
- Naturopathic methods (EMR no. 131 or 132)
- Traditional Chinese medicine TCM (EMR no. 185)
- Homeopathy (EMR no. 91)
- Phytotherapy (EMR no. 145 or 146)
- Tibetan medicine (EMR no. 189)
- Bach flower therapy (EMR no. 29)
- Schüssler biochemistry (EMR no. 39)

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Extracts from the list may be requested from Customer Service.

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These specialists can register with the ErfahrungsMedizinisches Register EMR in Basel. Registration serves as a basis for recognition, but does not represent any entitlement to recognition. These specialists may prescribe remedies from their respective area of specialism (e.g. TCM or TEN), which will be covered by us upon recognition.